Oct. 23, 2008

U.S. Army Garrisons Vicenza & Livorno

www.USAGVicenza.Army.Mil

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Story and photos by Sgt. Henry Selzer

173rd ABCT Public Affairs

On the morning of Oct. 20, Staff Sgt. Christopher A. Charo, and Staff Sgt. Stephen E. Simmons, two paratroopers from the 173rd Airborne Brigade Combat Team were honored by Lt. Gen. Kenneth W. Hunzeker, U. S. Army 5th Corps commanding general, with the United States Army's third highest award for valor, the Silver Star.

The awards were given for actions taken while the brigade was deployed to Kunar Province, Afghanistan, during Operation Enduring Freedom VIII.

Charo, a squad leader from Able Company, 2nd Battalion, 503rd Infantry Regiment (Airborne), was awarded the Silver Star for his actions at vehicle patrol base Seray.

On July 31, 2007, at approximately 1:30 p.m., vehicle patrol base Seray came under extremely heavy enemy fire.

The attack was highlyhilltops all around the base, attacking Charo and the men of Able Company with 107mm rockets, rocket-propelled grenades and machine-gun fire.

According to documents provided by the unit, Charo immediately took action.

He went from position to position with little to no cover heroic act that gets recognized, under a constant hail of gunfire to make sure that the injured were taken care of and that every Soldier manning a weapon had adequate ammunition.

Throughout the firefight, Charo also vigorously manned a 240B machine gun, laying

Lt. Gen. Kenneth W. Hunzeker, U.S.Army 5th commanding general, presents Staff Sgt. Stephen E. Simmons, Chosen Co, 2nd Bn, 503rd Infantry (Airborne), 173rd ABCT, with the Silver Star for his actions at patrol base Seray in Kunar Province, Afghanistan on June 8, 2008.





down suppressive fire, while instructing the gunner of a MK-19 on how to fix his weapon's malfunction and get the weapon back into the fight.

Later in the fight, Charo noticed his platoon leader was injured and worked to help the medic keep him stable until the platoon leader could be medically evacuated.

"When [you are] in a situation coordinated with the enemy on like that, I don't feel that I can do anything less than what the situation requires. When there are privates on the .50-cal. refusing to get off, how can you not get them more ammo, and do everything within your power to make sure they make it out with you?" asked Charo.

"I also feel that for every there are 10 to 20 others that don't and I owe everything to the guys around me."

Almost a year later, at approximately 5:30 a.m. on June 8, 2008, Staff Sgt. Stephen E. Simmons and 47 men of Chosen Company, 2nd

Regiment (Airborne), were also attacked at base Seray by a platoon-size element of insurgents.

According to the citation, the enemy attacked using recoilless rifles, machine guns, small-arms fire and rocket-propelled grenades.

Simmons informed all of the towers to return suppressive fire and identify any likely enemy positions.

He immediately established communications with all gun positions to ensure that friendly forces gained fire superiority over the enemy.

During the fight Simmons noticed that the Soldiers in the 120mm pit were taking heavy fire and couldn't properly lay effective rounds on the enemy.

Being a former mortarman, Simmons moved to assist the gunners.

He grabbed a couple Soldiers, ran over to the 81mm mortar pit and started to lay

Lt. Gen. Kenneth W. Hunzeker, U.S. Army 5th Corps commanding general, Staff presents Christopher A. Charo, a Soldier with Able Co, 2nd Battalion, 503rd Infantry, 173rd ABCT, with the Silver Star for his actions at patrol base Seray in Kunar Province, Afghanistan on July 31, 2007.



Battalion, 503rd Infantry from which they were taking

While in the mortar pit, Simmons was wounded by shrapnel from an incoming enemy round. As the fight continued, Simmons was informed of a wounded Soldier at a guard tower.

He ran through more than 100 meters of enemy fire to reach the Soldier and assessed the injuries and then treated the Soldier until the medic arrived.

Throughout the seven-hour firefight, Simmons successfully resupplied the heavy weapons gunners with ammunition and helped the forward observers guide air assets, ultimately facilitating the drop of two guided bombs on the enemy exit route.

"Just being in that situation, you don't have time to analyze your actions," said Simmons. "You just know instinctively what needs to be done, so you do it to keep you and your men safe. But at the end of it all, I would say it was a hell of a day."





Don't Forget

Daylight Savings Time in Europe ends Sunday, Oct. 26. Before going to bed Saturday night, don't forget to put your clocks BACK one hour. As a reminder, Daylight Savings Time in the U.S. does not end until Nov. 2.

Go green: conserve energy

Bv USAG Vicenza

Directorate of Public Works Environmental Division

October was first noted as Energy Awareness Month by a presidential proclamation in 1991. For 17 years, government organizations have observed this month with activities and programs to promote public understanding of our energy

Winter is fast approaching, therefore October is a great time to get started on the path towards energy saving and USAG Vicenza wants to play its role to reduce energy consumption in everyday lives.

There are several no cost/low clothes; cost expedients that each one of us can follow to reduce energy consumption, such as:

Tips for home

- Keep your thermostat between 65°F (18°C) and 68°F $(20^{\circ}C);$
- Set your water heater to 120°F (49°C);
- In the winter, make the most of Mother Nature's sunlight by opening window coverings on south-facing windows to warm your home;
- If you have a clothes washing machine, use cold water 86°F (30°C), you can save energy and preserve your

- Replace your furnace or heat pump filter regularly;
- Switch to compact fluorescent light (CFL) bulbs;
- Weatherize your home by weatherstripping doors and sealing windows.

Tips for office

- Turn off computer monitors during your absence from the office for long meetings or lunch hours;
- Turn off the lights, heating, air conditioner, printers and other equipment at the end of each working day;
- Print only when really necessary;
- Choose energy star qualified products when upgrading or purchasing new equipment;
- Switch from old computer monitor to a more energy efficient LCD screen.

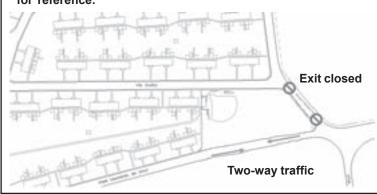
To support the community's energy-saving efforts the DPW will have a booth set up Friday, Oct. 24 from 10 a.m.-3 p.m, outside the post exchange.

Thomas Blackmer the USAG Vicenza Energy Awareness manager encourages people from the community to stop by to learn what they can do to save

If you have any ideas on how to reduce energy consumption, want to report energy waste/ abuse, or would like to receive more information, please feel free to contact directly the DPW Environmental Division dhief, Thomas Blackmer, Thomas.blackmer@eur.army.mil or 634-8941, or the DPW ED staff, at eco@eur.army.mil or 634-5023.

Villaggio exit changes Oct. 27

As workers prepare for construction of a new Villaggio Access Control Point, entering and exiting Villaggio has been changing according to the work being done. From Oct. 27 until work is completed, the original entrance will closed and viale Leonardo da Vinci will be used as both entrance and exit. See map below for reference.



Customer Management Services arrives

By Nino Hill USAG Vicenza Customer Service officer

The "Voice of the Customer" just got louder thanks to the implementation of the Customer Management Services (CMS), program on Caserma Ederle

CMS is a new IMCOMbased program, located in the Programs, Analysis and Integration office, that collects customer feedback and uses the data to evaluate and improve delivery of programs and services on a routine and consistent basis.

What does CMS involve?

Leadership and Customer Surveys – They are Web-based annual assessments sent out to the community to determine how well or how poorly programs and services are performing.

This survey is located on the garrison Web site: www.usag. vicenza.army.mil and runs through Nov. 7.

Results of the survey will be shared with the community through Info X and other media.



Nino Hill, Customer Service officer

The Leadership Survey is for captains and above, warrant officers CW3 and above, senior NCO's E7and above and civilians in the grade of GS-12 and above. The survey is for Soldiers, family members, civilians, veterans and retirees who receive services from the garrison.

Focus Groups – A quarterly process designed to resolve local issues. These focus groups will work in conjunction with Info X. Issues beyond the local level will continue to be worked through Army Family Action

As a community member, we welcome your comments on our program and services.

If you have questions, stop by and visit me in Bldg 1, room 109B or call me at 634-6426, or 0444-71-6426 from off post.



Make sure your washer is set on 86°F or 30°C to help save energy. (Photo by Laura Kreider, Outlook Staff)

Speak What has been your favorite place to visit in Europe and why? -By Outlook Summer Hire staff



Alexis Clark Family member

Germany, because there are lots of places to go to.



Michael Cowden 1-503rd

Spain, because the people are nice, the place is beautiful, there are great views, good food and the water is clear and beautiful.



Ebony Taylor Family member

Germany, because I love the culture and food. I used to live there and I have friends there.



Sgt. 1st Class **Melvin Williamson** Financial Management Co.

because it's Spain, beautiful.



Tancredi Michael Busatta Family member

Amsterdam, because it's a nice city and there are fun things to do.

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FluMist now available

Vicenza Health Clinic Press Release

The FluMist intranasal influenza vaccine has arrived at the Vicenza Health Center. FluMist is approved for people ages 2-49. Studies have shown that both the injectable vaccine and the nasal spray vaccine are safe and effective at preventing influenza.

Vaccination is mandatory for all active duty military personnel, DoD civilians designated as emergency essential and reserve personnel on active duty.

The health center will have vaccination booths at the commissary and the post exchange Nov. 1-2 from 10 a.m.- 3 p.m.

Vaccinations for active duty



Spc. Hannah Nevius, 7227th MSU Army Reserves, gets the FluMist vaccine from Maj. James Madson, U. S. Army Health Center Vicenza, **Preventive Medicine Services Oct.** 21.(Photo by Laura Kreider, Outlook

personnel will be arranged receive information from through the health center readiness section or the Preventive Medicine Service.

Other beneficiaries can come to the clinic Tuesdays and Thursdays in November from 1-3 p.m. Tell the front desk you would like the influenza vaccination.

Flu season typically runs from October to May.

Army medical officials report there is a sufficient amount of influenza www.vaccines.mil/flu.

vaccination available this year.

TRICARE beneficiaries will also be offered the vaccine to protect against influenza and its severe complications.

Health professionals advise people to wash their hands frequently, avoid touching their eyes, nose and mouth and to use hand sanitizers frequently when soap and water are not available.

Distribution of intranasal vaccine started in August and injectable vaccines will start in the near future.

Injectable vaccines may be used for those with medical conditions that preclude the use of FluMist, such as pregnancy or certain allergies or where intranasal vaccine is unavailable due to logistical constraints.

> The pediatric injectable will vaccine administered to children ages 6-23 months.

> The injectable flu vaccine will also be administered beneficiaries over 49 years old and those patients for whom FluMist has not been recommended.

This year's goal is to immunize 95 percent or more of the U.S. Army Europe active duty population by Nov. 7. Members of the active force can expect to

their units.

The Centers for Disease Control in Atlanta publishes guidelines for influenza vaccinations, and the Army will follow those guidelines in its annual campaign.

For general information on influenza and the benefits of receiving the annual vaccination, visit the Centers for Disease Control's Web site at www.cdc.gov/flu/ or Working toward wellness

Physical therapy, sports medicine center helps aches, pains for Soldiers, civilians

Story and photo by Diana Bahr

USAG Vicenza Public Affairs

Caserma Ederle, home to paratroopers of the 173rd Airborne Brigade Combat Team, is also home to a new physical therapy and sports medicine center. It's a good thing, as jumping out of airplanes and helicopters can take a toll on the knees and back after a few years and few hundred jumps.

"The purpose of the center is to provide evidence-based musculoskeletal rehabilitation services to the Soldier athlete and Vicenza military community within the setting of a wellness and fitness environment," said Christopher Buscema, who has a doctorate in physical therapy and is the supervisor of the center and orthopedic departments at the U.S. Army Health Center Vicenza.

"Basically, we develop rehabilitation exercise programs for individuals with injuries to help return them to their prior level of function," said Capt. Philip Royer, licensed physical

therapist for the health center. "Rehabilitation services provided at this facility includes therapeutic exercises, manual therapy, functional rehabilitative training and various modalities such as electric stimulation, ultrasound, heat, and ice treatments. Besides Chris and me, we have two physical therapy technicians who help clients with their exercises."

Typical problems seen the by team include mostly joint (shoulder, knee, ankle, elbow), as well as back and neck pain, according to Royer, who's been in the field for over four years.

"I hurt the rotor cuff in my shoulder," said client Spc. Tim Lucero, a Soldier with SETAF, who was working on exercises with Spc. Jlynn Johnson, one of the physical therapy technicians. "I also have knee problems so I'm working on exercises to strengthen the muscles around that area."

"Our clients are also provided direct one-on-one instruction and training that allows a patient to transition to an independent fitness program or to the Wellness Center upon discharge from physical therapy," added Buscema, a licensed physical therapist with almost 14 years of experience in the field.

"While most patients are referred by a physician, patients who know they need to physical therapy can make their own appointment," said Royer. "Patients need to make an appointment through the health center appointment system. If they are not sure, they should schedule with their primary care physician first. All appointments should be scheduled at the health center front desk (not at the gym) or by calling the appointment line. All brigade Soldiers need to be seen at the battalion aid station first."

The physical therapy center is open Monday-Wednesday and Fridays from 7:30 a.m.- 4:30 p.m. Thursday hours are 1-4:30 p.m.

To make an appointment call the health clinic central appointment line at 634-7484 or 0444-71-7484, or stop by the health clinic's appointment desk.



Spc. Jlynn Johnson (right), U.S. Army Health Center Vicenza physical therapy clinic technician, lays on a plinth in the clinic and demonstrates an exercise geared to strengthening leg muscles to client Spc. Tim Lucero. The new Physical Therapy and Sports Medicine center is located in the fitness center.

The Outlook

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At your service

US Army Health Center Vicenza, TRICARE office



Lisa Heck (left) and Debra Mason, TRICARE medical services coordinators, work out if their office in the Vicenza Health Center.

Lisa Heck (left) and Debra Mason are on hand to help patients understand how TRICARE works. Retirees under age 65 and active duty families who choose TRICARE Standard do not need to enroll, but it is still a good idea to contact the TRICARE Service center to verify that you are in the system correctly. Retirees who are 65 or older must enroll in Medicare Part B to be eligible for TRICARE for Life. Heck and Mason can provide information on how to do this. To enroll in TRICARE Prime, active duty military families should contact the local TRICARE Service Center at 634-6656 or go to www. europe.tricare.osd.mil and click "TRICARE Service Centers".

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Community events



Lou Blount (left), of Parent 2 Parent organization, talks to Patti Johnson at the 7th Annual Family Breakfast sponsored by Army Community Service's Family Advocacy Program.

FAP holds annual family breakfast

Story and photo by Diana Bahr

USAG Vicenza Public Affairs

The Vicenza Schools cafeteria was busier than usual Tuesday morning as little fingers clutched a juice box in one hand and muffin in the other.

Moms and dads wiped crumbs off faces and enjoyed sharing family time together.

I like having breakfast out, said 6-year-old Kori Johnson, who was attending the 7th Annual Family Breakfast with her 5year-old brother, Jesse and mom, Patti. Her favorite part of the breakfast? HiC's Strawberry/ Kiwi Kraz drink.

"This is our first time at this event," said Patti Johnson. "We thought it would be a nice way to spend the morning and I was interested in the Parent 2 Parent event happening afterward. They always have interesting workshops."

The breakfast was part of the Domestic Violence Awareness Month events hosted by Army Community Service's Family Advocacy Program, according Sandy Schoenberg, Emergency Placement Care coordinator for FAP.

"We had about 80 people join us for breakfast," she said. "This year we placed booklets on the tables promoting fun activities for families, such as the *Kooky* Kooking with Kids cookbook and a Kid's Club booklet that has games inside that parents and children can do over breakfast or any other meal."

Other FAP events for Domestic Violence Awareness Month include the Oct. 27, Violence Mentors in Prevention event with guest speaker, Daryl Fort, at the post chapel from 9:30-11 a.m.

Fort is a former NFL player who works with Mentors in Violence Prevention and teaches their approach to preventing and stopping domestic violence.

Oct. 30, is the second annual "How well do you know your partner?" Couples Challenge quiz at Davis Soldier and Family Readiness Center, 10 a.m. noon, advance registration is required.

For details or to register, call ACS at 634-7500 or 0444-71-7500 from off post.

Trail to Eagle

Scouts earn merit badges at fall camporee

By Chiara Mattirolo USAG Livorno Public Affairs

Boy Scouts and Cub Scouts from all over Italy converged on Camp Darby Columbus Day weekend for "Trail to Eagle" fall 2008 Mediterranean District Camporee.

Boy Scouts of all ranks had the opportunity to earn one merit badge and nine different merit badges were offered.

"We estimated that around 60 to 70 merit badges were earned," said Maj. Raul Rovira, scout master.

"This event puts boys one step closer to becoming an Eagle Scout," Rovira added.

Many units played an essential role during the camporee from mechanical engineers to military police to AFN. Also helping were fire department and health clinic



A Troop 295 representative from Vicenza, and Jamie Noonan (kneeling), Cub Scout leader for Camp Darby, are getting the boys ready for rapelling practice. (Photo by Anthony Valenti)



A scout from Troop 295 Vicenza performs the rapelling practice as part of Cub Scouts program. (Photo by Anthony Valenti)

personnel who played an essential role in preparing the

"This was a wonderful opportunity for so many people at Camp Darby to reach out for the youth," said Elizabeth Speck, committee member advancement coordinator.

Oct. 19 Anthony Valenti, Historical Trail master, led a morning walk through the streets of Pisa, passing by the major sights and briefing their historical significance.

The trail began and ended at the Leaning Tower, going through the Piazza Cavalieri and along the Arno river.

Troop leaders recognized during the campfire held on the afternoon of Oct. 19.

Three troop leaders were recognized as leaders of the year for the Mediterranean District: Barry Speck, was honored as Troop Chairman of the Year; Elizabeth Speck was honored as the Troop Committee member of the Year and Raul Rovira as Scoutmaster of the Year.

"Our whole family is involved in the boy scout program," said Speck. "It helps me build a strong sense of community in my children and it is a great opportunity for us, as parents, to learn how to be good mentors.

"Also, the continuous training required to be a troop leader is fundamental in acquiring experience in explaining ideas and concepts," Speck added.

Recognition also went to James Speck, who was mentioned as completing the Eagle Scout Board of Review Oct. 9.

"It is estimated that only about five percent of all boys who join a Boy Scout troop actually achieve the rank of Eagle Scout," explained Rovira. "It is a rank that is difficult to achieve.

"The camporee was a great success, the boys had fun and they are all one step closer to becoming Eagle Scouts," added Rovira.



English as second language with ACS

Story and photo by Samantha Smith Outlook volunteer

know new to the community and need a little extra help with

Are you or someone you English? If so, the English as a second language (ESL) class with Army Community Service may be just what you are looking for. Daniela Morandi runs both the ESL and the Italian language classes for recent arrivals.

most international class around," according to Morandi.

Her students have come from Italy, Germany, Peru, Ecuador, Brazil, Argentina, Korea, Japan and even China. The goal for most students is to be able to function and communicate on post, however the class also gives these students from diverse backgrounds a chance to meet others in the same situation and make friends.

For the most part, once the students get to a certain functioning level of English, they stop coming to class, said Morandi. For this reason, the class is always changing to accommodate the skill level of the students.

A recent addition to the The ESL class "is a beautiful program will be quarterly guest program. Students from all over speakers from different the world participate, it's the programs on post with the goal of helping the students identify services and integrate with military life.

Morandi holds a Masters in English and has been teaching with ACS for eight years.

"The ESL program is the most interesting because of the mixture of nationalities," she said. "They are all extremely delightful people."

The ESL class is held Mondays, 2-4 p.m. and Fridays, 9-11 a.m. with a special hour devoted to the very basics from 11 a.m.-noon on Fridays. The class is free and students can join any time. Call ACS at 634-7500 for more details or to sign up.

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Community events

Tale of two ladies who 'Ran to the Tower'

Story and photos by Joyce Costello

USAG Livorno Public Affairs

Two ladies living in different countries decided that they wanted to run the 26th Annual Camp Darby 12-kilometer Run to the Tower held Oct. 17 as a way to do something special for themselves.

Vicki Long, who lives in Pisa, Italy, had walked the race two years ago. She then trained vigorously for it the next year, but was too sick to run. So was her first year to run the race.

"I turn 40 this year and I think finishing this run is a good feat," said Long as she checked her iPod chip in her shoe.

"This year I'm feeling pretty confident about finishing and I'm making sure I have all my favorite tunes to motivate me when I get tired," she added.

Genevieve Torres, who lives in Illesheim, Germany, lived in Camp Darby from 2001-2003, but because of her growing family, she never had the chance to run the race.

"This year I decided to stop making excuses and train for this run," said Torres. "I have four children for whom I want to set a good example."

Her son, Nathaniel, added that it was cool his mom was running the race and he wanted to join

Both ladies decided to focus on finishing, not timing.

"I'm not worried about time and I'm not out to win a medal," said Long. "This is about just doing it for me."



(Above) More than 250 runners from across Europe participated in this year's Run to the Tower Oct. 17. The overall winner of the race was Italian runner Daniele Del Nista who finished in 40:02. Women's first place winner, Gloria Marconi, finished in 42:41. The race began at Camp Darby and ended at the Leaning Tower of Pisa, Italy.

Torres, "this is a way I can take care of myself."

Long, who doesn't consider herself a runner, studied ballet and jazz for 10 years before she started running.

"Four years ago, I couldn't even run a lap around the base," said Long. "Now I tell all my friends who want to start running to always stretch and not force their body to do things it's not ready for."

Torres is the Family Readiness Support Assistant for the 3-159th Aviation Battalion and is involved with the health and fitness program for spouses.

"We have a health and "It's Moms day," added wellness program called Lose to Win for spouses during deployments and some of the participants will be running in the Oct. 25 Halloween Hustle 5K Fun Run on Storck Barracks," said Torres. "I believe spouses can always make time for themselves and fitness.

"The house doesn't have to be spotless and the kids don't need a five-course meal; you have to take care of yourself first, in order to be able to take better care of others," continued Torres.

After crossing the finish line, Torres decided to enjoy a glass of Tuscan wine as a treat, while Long opted for a massage, coffee and pastry in the Piazza dei Miracoli where the run ended

More than 250 runners from across Europe participated in this year's Run to the Tower.

The overall winner of the race was Italian runner Daniele Del Nista who finished in 40:02.

Women's first place winner, Gloria Marconi, with a time of 42:41.

"It was a beautiful race, it was quick and it was very emotional to start from Camp Darby," said Marconi, adding, "this is an area that I don't normally visit."

Photos and overall statistics can be viewed on the USAG Livorno Web site at www.usag. livorno.army.mil.

ITR trips

Call USAG Livorno ITR at 633-7589 for reservations for trips below or information on other trips.

Perugia Chocolate Festival: Oct. 25 – This annual event is dedicated to chocolate, the sweet confection for which this ancient Etruscan town is world-famous. Visitors can walk in the center of the city taking the incredible sight of artists sculpting 1,000 kilogram blocks of chocolate into art.

sightseeing City tickets: Discover the history of Italian cities onboard the "Hop On -Hop Off" buses available in Rome, Florence and Pisa. Discounted prices for savings up to \$3.67 per person are available. Available at ITR.

ACS class

Call ACS at 633-7084 for reservations or information about other classes.

Pumpkin Carving for families of deployed service members: Oct. 24, bring your own pumpkin to carve or paint and we will provide supplies and treats.

Youth Services Halloween Kickback party

Oct. 24 at Youth Services.

Hang out with your friends, enter the costume contest and have fun. Costume contest starts at

Call Youth Services at 633-7269 for details.

Thursdays are Karaoke night at DCC

Join the Karaoke crew Thursday from 5-10 p.m. Call the DCC for details at 633-7855.

Thanksgiving ski trip to the Matterhorn

Last day to sign up is Nov. 10. Spend your Thanksgiving on the Matterhorn complete with a Thanksgiving dinner. Nov. 27-30.

Call the ODR at 633-7491 for details.

Volunteers needed for Trunk or Treat

By Vicki Long

School Age/Youth Services Coordinator

Halloween is just around the corner and School Age Services is looking for individuals and units to participate in the Oct. 31 Trick or Treating and Trunk or Treat events.

Children will be escorted around participating Camp Darby offices for these events on Oct.31 after the special Halloween Story Hour at the library, which begins at 2 p.m.

Organizations wishing to participate in trick or treating should call SAS at 633-7613 by Oct 28.

Trunk or Treating will also take place at the same time on Harmon Street between the post theater and the post office.

This event is open to all organizations or community members who wish to



participate. It's not necessary to decorate your vehicle, but it would be fun for the kids.

Vehicles will be judged and prizes will be awarded for the best decorated. About 200 children

are expected to participate in the various events, so plan ahead when purchasing your goodies.

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Chocolates, chestnuts, pumpkins, polenta flood the area

Local fairs, festivals

Autumn Festival, Oct. 25 - 26, in Sarego, at the sports center in Piazza Don Stefano Lago, about 16 miles southwest of Vicenza.

Food booths open at 6:30p.m.; Sunday lunch at 12:30 p.m., featuring mixed game spit-roast, roe deer with polenta and other local typical dishes.

Chestnut Festival, Oct. 25-26, in Monte di Malo, in Piazzale Chiesa, about 24 miles northwest of Vicenza.

Oct. 25 events start at 7 p.m. Food booths, photo exhibition and theater performance.

Oct 26 opens at 3 p.m. Roasted chestnut, food booths, local craft market and puppet show.

Saints Festival, Oct. 28-31, in Orgiano, about 19 miles south of Vicenza. Sale of chestnuts, chocolates and local wines.

San Simeone Fair, Oct. 25-26, in Marostica, Piazza Castello, about 18 miles north of Vicenza. Starts at 10 a.m.

Contest for the best pumpkin; taste many different kinds of local breads, dishes and wines offered by the agricultural – tourist association *Terranostra*.

Gastronomic stands, live music, shows and folk dances.

Vicenza by night "Chocolate Nights and Notes", Oct. 25. Starting at sunset until midnight, free visit to Vicenza's museums and monuments; live music in most of downtown cafés and bars, and free tasting of many different types of chocolate.

Antique Market, Oct 26, in <u>Piazzola sul Brenta</u>, about 16 miles east of Vicenza.

Vast assortment of antiques spread out over the grounds of Villa Contarini.

Polenta e Bacalà Festival (Polenta and dried cod fish), Oct. 25-26, in Thiene, Piazza Ferrarin, about 18 miles north of Vicenza; 10 a.m. – 11 p.m.

Free cod fish tasting. Food booths featuring the typical Vicentine cod fish and polenta dish.

CioccolandoVi (Chocolate Festival), Oct. 24-26, in Vicenza, in Piazza dei Signori, Piazza Biade, Piazza Garibaldi, Piazza Duomo, Piazza Castello and Piazza San Lorenzo.

Watch the Vicentine manufacturers preparing their chocolate delicacies and sample a great variety of chocolates.

Celebration of agriculture local products, Oct 26, in Cornedo Vicentino, near Spagnago, about 22 miles

northwest of Vicenza.

Event starts at 9 a.m. Free tasting of local cheeses and wines.

Gastronomical stands, live music and exhibition of vintage motorcycles.

Palladian dinner, Nov. 7, 9p.m. – midnight, in Lonigo, "La Rocca leonicena" Restaurant, about 20 miles south-west of Vicenza. Enjoy a typical Palladian dinner. Call 0444/832177 for reservation. Cost: 35 euro.

Vintage Car and Motorbike Exhibition, Oct. 24 - 26, 9 a.m. - 7 p.m., in Padova, Via ia N. Tommaseo, 59, about 24 miles south-east of Vicenza.

Car manufacturers and racing teams, dealers and restorers, spare parts and modeling. Admission fee: 17 euro. 12 euro reduced fee (children 14 – 17 years old). Free admission for children up to 13 years.

For detailed information visit the English website: www.autoemotodepoca.com/
Inglese/frameset_
chi siamo.html

Local free concerts, classes

Oct. 24, 8:30 p.m. Danto Shiatsu Kai Beginning Course, in Fara Vicentino, about 18 miles north of Vicenza, at the Palestra Athletico Club, Via Astico, 61/eYoga Karma Center, Via Noventa Vicentina, 6. Free sample lesson

Oct. 24, 8:00 p.m. *¡Hablamos!*, in Vicenza, Viale della Pace, 98, Italian-German Cultural Center. Free beginning and advanced Spanish conversation class. Reserve a spot by calling 0444-512516,

Oct. 25, *Vicenza by night*, in <u>Vicenza</u>, live music, shows and entertainment.

Downtown stores will be open until midnight and there will be free admission to museums and other important cultural sites.

Oct. 25, 8:30 p.m. Organ Concert, in Marano Vicentino, parish church, Piazza Silva, about 14 miles north of Vicenza.

Oct. 26, 5:30 p.m. Magic Trunk, puppet show. At Equobar, Strada Marosticana 350, also known as SS 248.

Oct. 27, 7 p.m. Pop/acoustic/ folk rock live music with Lubjan, in <u>Vicenza</u>, Il Borsa Caffè, 26 Piazza dei Signori.

Oct. 28, 9 p.m. Explore the sky, Astronomical Observatory of <u>Arcugnano</u>, Via S. Giustina, 127 – about five miles south of Vicenza.

View the sky and the planets

in great detail with the observatory's telescope.

Movies in English

Oct. 27: KUNG FU PANDA - at the Odeon Theater in downtown Vicenza, 176 Corso Palladio. Tickets cost 6 euro.

The Odeon will be featuring movies in their original language (English) through the winter.

To check their movie schedule, visit www.mymovies .it/cinema/vicenza/6217/

Upcoming concerts

Burt Bacharach in Milan, Oct.26; in Florence, Oct.27 and in Rome, Oct. 28;

James Blunt in concert, Oct. 30, 9 p.m. in Treviso, Palaverde, Via Marconi, 10/C.

For more information in English, visit the Web site: www.azalea.it/Events.asp? EvtID=1002&LangID=ENG

Jean Michel Jarre (Oxygene), in Rome, Nov. 5; in Milan, Nov. 6;

Robin Thicke, in Milan, Nov. 7.

Sara Bareilles, in Milan, Nov. 10;

Duffy, in Milan, Nov. 13; *Liza Minnelli* in Milan, Nov. 14;

Gary Moore at the Guitar Festival in Milan, Nov. 14; Randy Newman, in Bologna,

Nov. 25;

Tracy Chapman in Milan,

Nov. 28; in Rome, Nov. 29, in Florence, Dec. 1;

Morbid Angel in Milan, Dec. 9 and Padova, Dec. 11;

Winx on Ice (musical), in Milan Nov 6-9; Nov 15-16 in Genova; Nov. 22-23 in Bologna; Nov 29-30 in Florence; Dec. 6-7 in Trieste and Dec. 13 in Padova;

Tickets available from your local box office or online at www.ticketone.it.

Sport events

Boxing - Oct. 24, in Milan. Cruiserweight Rudolf Kraj meets Giacobbe Fragomeni for the vacant WBC cruiserweight crown;

Wrestling – Raw Survivor Series Tour: Nov 6, 9 p.m., in Milano, at the Palasharp, Via Sant'Elia, 33. Nov 7, 9 p.m., in Rome, at the Palalottomatica, Piazzale dello Sport;

Car race - Ferrari International finals 2008; Nov. 5-9, in Mugello, Florence;

Gymnastics - Grand Pix in Milan, Nov. 22.

Tickets available from your local box office or online at www.ticketone.it.



Max Belanger, accompanies Roman, his two-year-old black Standard Poodle to the event.

PX hosts pet show

About 10 dogs wearing cute outfits, shirts or colorful scarves and a few cats participated in the annual AAFES Pet Show held in front of the post exchange Oct. 18. Nina, a female pit-bull, won the Best in Show category. The event also included categories such as Most Talented, Cutest, and Most Unusual. Every first place winner received a \$25 dollar gift card and the Best In Show received a \$50 dollar gift card, according Robin Barber, AAFES payroll manager, who coordinated the event. Each participant also received a bag with pet toys. "We had a very good turnout," said Barber, "Many people, not only the participants, just like to come and watch the show." (Photo by Laura Keider, Outlook Staff)

Now Showing

Ederle Theater Oct. 23 Pineapple Express (R) 6 p.m. Oct. 24 Quarantine (R) 6 p.m. Tropic Thunder (R) 9 p.m. Oct. 25 Star Wars: The Clone Wars (PG) 3 p.m. Quarantine (R) 6 p.m. Star Wars: The Clone Wars (PG) 3 p.m. Death Race (R) 6 p.m. Tropic Thunder (R) Oct. 29 6 p.m. **Camp Darby Theater** Death Race (R) Oct. 23 6 p.m. Eagle Eye (PG13) Oct. 24 6 p.m. Oct. 25 Beverly Hills Chihuahua (PG) (1st Run) 6 p.m. Oct. 26 Star Wars: The Clone Wars (PG) 2 p.m.

Admission: Age 12 and over \$4, under age 12, \$2. The Ederle Theatre box office opens one hour prior to show time.

Looking for the movie synopsis? Check out the AAFES Web site: www.aafes.com, scroll to the bottom of the page and click on Movie Schedule.

Looking to buy or sell items? Check out MWR's Marketplace at www.mwrmarketplace.com.

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Job opportunities

Community Bank has openings for a teller supervisor and a banking center service supervisor. Go to the Careers link at www.DoDCommunity Bank.com for a detailed job description, qualification requirements and to apply online.

Child and Youth Services is looking for a Child and Youth Program Assistant.

Look for specifics on the CPOL Web site, www.cpol.

Cycletechs is looking for bike technicians and furniture builders for the Vicenza post exchange. Full and part time positions are available.

No experience is necessary and hours are flexible. Must be ID cardholders. Call (Germany) 49-0-1774-338-881 and ask for the store manager

Scrapbooking supplies, donations needed

Vicenza Middle School 7th graders are creating a scrapbook called All About Me a pictorial of his or her time spent in Vicenza.

We are seeking donations of scrapbooking paper, punches, stickers, scissors and other items. Drop them off at the high school office addressed to Mrs. Wilson.

Vicenza Middle School lunch time workshop

Oct. 29: Vicenza's Parent 2 Parent organization offers a workshop in the Information Center from 11:30 a.m. – 12:30

This workshop gives parents the tools needed to ask the right questions and establish a good parent-teacher relationship.

Texas Hold'em tournament

The Lion's Den in the Arena is hosting a Texas Hold'em tourney Oct. 25.

Sign ups begin at 4 p.m. and playing starts at 8 p.m. Cash prizes for 1st, 2nd and 3rd place

Are you satisfied?

Here's your chance to let your voice be heard about customer service on Caserma Ederle.

Log on to www.usag. vicenza.army.mil and click on the Customer Service survey

The survey is open to service members, DOD civilians and family members. The survey is open until Nov. 7.

Wild Kingdom Halloween party

The Arena's Lion's Den celebrates Halloween with a wild party Oct. 31.

There's R&B music, themed drinks and \$100 costume contest for the best male and female.

Soldiers' Theatre auditions

Auditions for singers, dancers and actors for the Soldier's Theatre Holiday Show will be held Oct. 27 at 6:30 p.m. at Soldiers' Theatre.

Child Development Center notice

The CDC will no longer operate every Saturday, child care will be available only on the first Saturday of the month from 8 a.m.-4 p.m.

Yarn-a-thon

Do you have extra yarn left over from a project? Do you have extra copies of those patterns that come with yarn?

Protestant Women of the Chapel invites you to swap and share yarn, patterns, and good times Oct. 18, 11a.m.-3 p.m. in the chapel activity room.

For details call Laura Lusby at 340-066-9465.

Finance closed

All finance activities will be closed Oct. 30 for a change of command. Finance will reopen for normal hours Oct. 31.

MOMS Club notes

Oct. 27: MOMS Club Halloween party. Members only. Membership is \$20 a year.

Post library

Books by you is an opportunity for children to write their own book. Bring the family Nov. 1 at 10:30 a.m. and bring pictures to decorate the book.

Make life easier

Oct. 28-30 - Learn the 7 Habits of Highly Effective Military Families at ACS.

Call ACS at 634-7500 to register.

Emergency care providers sought

The Emergency Placement Care program will have an awareness table at the post exchange Oct. 23, 3 - 6 p.m.

Stop by and see how you can help a family in need.

Halloween events

This year's Halloween carnival and trick or treat will be held Oct. 31 starting at 3:30 p.m. in the Villaggio Teen Center parking lot.

The Howl at the Moon costume contest is at 4:30 p.m. followed by the costume fashion show at 5:15 p.m.

Trick or treating begins for ID cardholders at 6 p.m. and gates open at 7 p.m. for the Italian community.

Wounded Warrior questionnaire online

November has been designated as Warrior Care Month.

Wounded, ill or injured service members and their families now have until Nov. 28 to help Military Health System (MHS) leadership better understand the needs and expectations of warriors in their care.

The deadline participating in the MHS questionnaires has been extended because of the overwhelming response.

The questionnaires (one for wounded, ill or injured service members and one for family members) are available on the Military Health System Web site at www.health.mil and will remain open through November.

may claim.

Choose a number to suit your guess and we'll let you know if you pass the test.

The USO is offering a chance to win two tickets to Gardaland's Magic Halloween event by guessing how many peanut M&Ms in the jars located post exchange and the commissary.

Fill out the entry from with your answer and place it in the

Couple's challenge

How well do you know your spouse? Take the Couple's Challenge Oct. 30 at ACS. Register by calling 634-7500.

SOAR

SOAR is a free website providing students and parents with resources for easing school transitions for military Families.

Find out more at the Web site: www.SoarAtHome.org.

Soldier's Theatre

Music and voice lessons are now available at Soldier's Theatre. Guitar, piano, flute and voice lessons are taught.

Lessons are scheduled by first come, first serve and available to adult ID card holders only. For details call 634-7281

Auditions for singers, dancers and actors for the Soldier's Theatre Variety Show will be held at the Soldier's Theatre October 27th at 6:30 p.m.

Are you on ICE?

Interactive Customer Evaluation is a web-based customer feedback system that sends an automatic e-mail to the service provider or manager.

ICE can be used from any computer and allows you to rate any government facility or service.

Surface your ideas and issues with ICE. Click on the ICE logo on the USAG Vicenza, SETAF or VicenzaMWR.com Web sites or go directly to the ICE Web site at: ice.disa.mil.

Antiterrorism training

Individual security awareness for training (Antiterrorism Level I) is offered in the Hall of Heroes from 10:30 a.m. to noon Nov. 12, and Dec. 10.

> Those who may need child care while in the training, the Child Development Center offers hourly care. Children must be registered. Call 634-7559 or 0444-71-7559 for details.

> Antiterrorism Level I training is an annual requirement for all military, civilian employees and family members 14 years old and older.

> For details call 634-8288 or 634-8984.

Religious activities

Caserma Ederle Chapel

Call the chapel at 634-7519 (0444-71-7519) for details on post religious activities.

Chaplain Crisis Line:

To speak with a chaplain after hours call 634-KARE (634-5273).

Saturday services

4p.m.: Sacrament of Reconciliation, or appointment.

5 p.m.: Vigil Mass

Sunday Services

9 a.m.: Roman Catholic Mass Mass is held weekdays at noon.

9 a.m.: Protestant Sunday school and AWANAs (Sept. through May in Vicenza High School)

10:45 a.m.: Catholic religious education (Sept.-May in Vicenza High School)

11a.m.: Protestant worship 1:30 p.m.: Full Gospel Pentecostal worship

4 p.m.: Lutheran worship 6 p.m.: Contemporary Christian worship

Monday

Noon: LDS Scripture Study 3:05 p.m.: Middle School Club in the high school cafeteria. (October -May)

5:30 p.m.: High School Club in the Teen Center. (October-May)

For details contact Jocelyn Cary at 634-7890 or 349-385-3476 or vicecb@yahoo.com.

Tuesday

9:15 a.m.: Protestant Women of the Chapel

Wednesday

Noon: Protestant Men of the Chapel Bible study (at

5:30 p.m.: PWOC evening Bible study

Thursday

9:30 a.m.: Catholic Women of the Chapel

5:30 p.m.: Gospel service choir rehearsal

7:15 p.m.: Gospel service Bible study

Faith group contacts

Islamic: Mohamed Noeman at 634-6306.

Jewish: Sandy Schoenberg at 634-6202 or sandy. schoenberg@eur.army.mil.

Latter Day Saints (LDS): Elder Openshaw, 334-665-6845 or Frank Petty at 634-3907/340-899-2218. Scripture study is held Monday, noon-1 p.m.

Darby Chapel

For details call the chapel at: 633-7267 (50-54-7267).

9:40 a.m.: Catholic Reconciliation

10 a.m.: Catholic Mass 11:15 a.m.: Protestant worship

Beginning Oct. 5, Protestant Sunday school starts at 9:45 a.m. and Catholic CCD is at 11:15 a.m.

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Red Ribbon Week

Oct. 26-31, Project TRUST (Teens Reaching **Understanding Supporting** Teens) will be hosting Red Ribbon Week.

Red Ribbon Week is a time where we show how types of drugs in our community are harmful. Several events will take

place throughout the week in

various locations such as the

chapel, school, Halloween carnival and the Arena. For more information on Red Ribbon Week call Judy Crow at 634-7127 or 0444-



71-7127 from off post, or Barbara Wegner, Alcohol and Substance Abuse Program, at 634-7554 or 0444-71-7554 from off post.

Win tickets to Gardaland

Try your luck at a ghoulish game to see what prizes you

All briefs must be received at editor@eur.army.mil noon Monday, or by Friday at 4 p.m. if Monday is a holiday.

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Cougar "Mean" James Erickson (left), No. 63, with help from TaylorTouzinsky, stops the Sigonella opponent during the Oct. 18 cougar football game. Erickson was one of the defensive leaders with three sacks and four and a half tackles, along with Zach Bishop and Taylor Touzinsky.

Cougars slam Sigonella

Vicenza's 40-10 win clinches playoff berth

By Brad Polensky
Outlook Volunteer
Photos by
Laura Kreider
Outlook Staff

It was a great day for the Vicenza Cougars football team coming off of back-to-back losses the previous two weeks. The Cougars looked like the team that started the year with confidence and a desire to beat anyone that dared to step on the field against them.

The seniors on the team played with everything they had for the last home game to go out with a bang.

Nick X. Williams, No. 3, was the glory boy this day with five rushes for 44-yards, two receptions for 21-yards, three punt returns for 118-yards, a touchdown and a sack.

The dominating defense was everywhere with "Mean" James Erickson, No. 63, leading with three sacks, four and a half tackles, Zach Bishop, No. 11, finishing with six solo tackles and Touzinsky, No. 56, two tackles, a sack and a blocked punt. In all, the defense never let the quarterback breath or off his back having amassed 10 sacks on the day.

The only hiccups came on penalties that negated touchdown runs by Nick X. Williams of 36-yards and Kyle Kaus of 41-yards. The Cougars look like they are ready for the rematch in Baumholder and show them that the previous loss was a fluke.

The Cougars Micky Stoner ended the day with 7-of-17 passes for 111 yards and a touchdown along with five rushes for 60-yards and a touchdown.

Kaus had ten carries for 42-yards, a two point conversion and a touchdown. While Nick S. Williams, No. 5, finished off the offense with three receptions for 60-yards.

The third-seeded Cougars (4-2 overall, 2-2 Div.) will next play at the second-seeded Baumholder Buccaneers (4-2 overall, 3-1 Div) on Saturday at 1 p.m. This is the first round of playoff games to see who will get to the final eight for the championship.

Cougar No. 12, Micky Stoner passes to Nick S. Williams during the last quarter. Stoner ended the game with 7-of-17 passes for 111 yards and a touchdown along with five rushes for 60-yards and a touchdown.





On Vicenza's North 40 football field, Cougars' Nick X. Williams, Cougar right back, drops a Sigonella Jaguar football player at midfield.

Shirts

CYS Youth sports

The community is invited to come out and cheer for their favorite teams.

Bambino (ages 3-5) soccer games are held Thursdays through Oct. 23 at 5 p.m. and 5:45 p.m. on Villaggio.

Peewee (ages 6-7) soccer games are held on Villaggio Wednesdays through Oct. 22 at 5 p.m. and 5:45 p.m.

Minor (ages 8-9) soccer games are held on Villaggio Fridays at 5 p.m. and 6 p.m. through Oct. 24, with an exception for the Oct. 9 game.

Bantam (ages 10-12) soccer plays Saturdays in Villaggio starting at 9 a.m.

Junior (ages 13-15) soccer play Saturdays through Oct. 25.

Sports and Fitness

The Post Fitness Center offers Personal Trainers and Massage Therapist by appointment. For availability contact the front desk at the Main Fitness Center.

Single Elimination Basketball

Oct. 25, 9:30 a.m. unit and recreation teams may participate. Players must be over 18 and out of High School. Coaches meeting will be held Oct. 22 at 2:30 p.m. and 5:30 p.m. at the Post Fitness Center.

Dodgeball Tournament

Nov. 7 at 6 p.m. Mandatory signups are by Nov. 3. Coaches meeting will be held Wednesday, Nov. 5 at 2:30 p.m. and 5:30 p.m. at the Fitness Center. Bring your team roster, max 10 players per team.

Call the sports and fitness office for details at 634-7009 or 0444-71-7009 from off post.

AFN broadcasts playoff game live from Germany

The Vicenza Cougars football team travels to Baumholder, Germany, this Saturday to take on the Buccaneers starting at 1p.m. in a DODDS-Europe Division III playoff game. Can't make it to the game? AFN Vicenza's Staff Sgt. Pat Malone and Sgt. Nicholas Anderson will be broadcasting the game live on The Eagle 106.0 FM.

AFN 106.0 FM is also

AFN 106.0 FM is also available on your AFN decoder channel 142.

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